



SAFETY MEASURES IN REGARDS TO THE COVID 19 VIRUS

Do not be anxious about anything, but in everything, by prayer and petition, let your requests be known to God. And the peace of God which surpasses all understanding, will guard your hearts and minds in Christ Jesus. (Phil 4:6-7)

The global spread of the COVID 19 virus has become a focus of attention and concern for the health and wellbeing of all people. Therefore, in order to address the physical and spiritual concerns that naturally occur at a time like this in a loving and caring way, we ask everyone to please be considerate of others by observing the following safety measures.

General Procedures;

- **If you are unwell, have a fever, cough, sore throat, or other cold or flu-like symptoms, please stay at home and do not come to the Church.** If you find yourself housebound for a period of time, the Minister and Wardens are very happy to talk with you so please don't hesitate to call them.
- **If you have recently returned from overseas**, especially from Asia, Italy, Iran, or the Middle East then please remain at home for at least two weeks before coming to church. Self-quarantining in an overseas country is not an acceptable practice.
- **When you arrive at the church, please wash your hands** with soap and hot water for at least 20 seconds. If you are pressed for time, please cleanse your hands using the Hand Sanitiser provided, and then wash your hands at your earliest convenience.
- **If you need to cough or sneeze**, please cover your mouth either with a tissue, handkerchief, or your sleeve. Put used tissues into a bin and wash your hands.
- Please clean your hands regularly while you are at church, either by using the Hand Sanitiser provided, or with soap and hot water.
- Please place any used paper towel and tissues in a bin.
- Please try to avoid physical contact with other people. This will mean no handshaking, no hugging and no kissing.
- Please do not let anyone else use your mobile phone.

Kitchen Use:

- All work surfaces are to be cleaned with the Anti-bacterial/ Disinfectant Cleaner and paper towel provided, and then placing the used paper towel in a bin.
- Gloves **MUST** be worn when handling or preparing any food substances.
- Chopping boards are to be washed with hot soapy water and then rinsed before use.
- All washing up is to be done in HOT soapy water
- Tea Towels are not to be left to dry and then re-used.
Used Tea Towels are to be put into the container provided so they can be washed.
- Please sweep the Kitchen Floor before leaving. (and mop the floor if necessary)

Church Services:

- The Greeting of Peace will be exchanged with a slight bow or by simply nodding as the words are said to each other. Please refrain from any physical contact.
- For Holy Communion we will trial using Individual Cups for the wine. We will no longer use the method of 'Intinction' or 'drink from the common cup'.
- People leading Church Services will cleanse their hands regularly throughout the Service with Hand Sanitiser, and especially before handling the bread or the wine for Holy Communion.
- At Morning Tea please use the tongs or forks provided to take food items from the table. Please try not to 'finger' the food.

WE GREATLY APPRECIATE YOUR CO-OPERATION AND CARE